



# ALLEGHENY 100

## “The Ultimate Hiking Challenge”

- The Challenge:** Hike 100 miles in 2 days. (Actually 50 hours)
- Where:** North Country National Scenic Trail across the Allegheny National Forest from NY border to SR 66 south of Marienville PA
- When:** Friday, June 18, 2010 6 PM thru Sunday, June 20, 2010 8PM
- How:** Hike, not bike or run. This is the ultimate endurance challenge. This is NOT a race.
- Who:** Anyone who wants to test him or herself against the trail.
- What:** What do you get? Membership in the NCTA to support the trail and a tee shirt.
- Options:** 25 and 50 mile hikes available too. You still get T and membership.
- Register:** Three ways: via email, snail mail or phone.
- Cost:** \$30.00 donation. All proceeds to go to NCTA. You BYOF, BYOB, gear, etc. We provide support...
- Contact:** [nct001@verizon.net](mailto:nct001@verizon.net) ; [bnemcik@yahoo.com](mailto:bnemcik@yahoo.com) ; 814-927-8303  
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